

## CO-OCCURRING DISORDERS: 101

**DATE & TIME:** September 3, 2015

**9:00 AM – 4:30 PM**

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** Superior Court of California  
600 Commonwealth Ave, 2nd Floor Room 113  
Los Angeles, CA 90005

**PARKING:** Free parking at DMH Parking Structure (2 block walk)  
523 Shatto Place (floors 3-8), Los Angeles, CA 90020

This training will provide background information on the consequences of substances commonly used by consumers and will introduce participants to the epidemiology, prevalence, and neurobiology of co-occurring disorders. Participants will also learn about screening, assessment and diagnosis of co-occurring disorders, and how to develop behavioral intervention strategies for those with co-occurring substance use, mental health disorders and chronic medical conditions. Additional topics include: treatment considerations, planning, and an overview of Evidenced Based Practice (EBP) interventions, including Dual Diagnosis Motivational Interviewing (DDMI), Dual Diagnosis Cognitive Behavioral Therapy (DDCBT), Medication Assisted Treatments, and integrated behavioral health interventions.

**TARGET AUDIENCE: ADULT FSP and FCCS DMH directly operated and contract providers ONLY**

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Describe at least three mental health and medical consequences of substance use
2. Describe how to use DDMI to engage consumers about health behaviors that emphasize change in the context of their cultural values
3. List at least two integrated treatment interventions that can help address the unique needs of consumers with co-occurring disorders
4. Describe two chronic medical conditions that often co-occur with substance use and mental health issues
5. Describe three factors that increase risk for development of substance use, mental health, and physical health disorders
6. Describe how the neurotransmitter dopamine works in the brain and how it is affected by substance use.

**CONDUCTED BY:** UCLA Integrated Substance Abuse Programs

**COORDINATED BY:** Adult System of Care – MHSA Administration  
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Stephanie Maruska [SMaruska@dmh.lacounty.gov](mailto:SMaruska@dmh.lacounty.gov)

**DEADLINE:** When maximum capacity is reached

**CONTINUING EDUCATION:** 6 BBS, BRN, CAADAC  
CE for Psychologist

**COST:** NONE

## Co-Occurring Disorders 101

DMH Employees complete  
attached training application

Contract Providers complete  
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General

## Registration Form – September 3, 2015

Superior Court of California  
600 S. Commonwealth Ave.  
2<sup>nd</sup> Floor, Room #113  
Los Angeles, CA 90005

Please complete the registration form and e-mail it to [jhsinks@ucla.edu](mailto:jhsinks@ucla.edu) or fax it to Jessica's attention at (310) 312-0538. **Registration forms WILL NOT be accepted without supervisor's signature.** A confirmation email will be sent 1-2 days upon receipt of your registration form. *If completing this form by hand, please **print** clearly.* Contact Maria Castro by phone (310) 267-5398 or e-mail, [mcbacca@ucla.edu](mailto:mcbacca@ucla.edu), if you have questions, special needs, or need additional information to register for this training.

<b>First and Last Name:</b>		
<b>Date:</b>	<b>Degree(s):</b>	
<b>Program, Service or Agency:</b>		
<b>Job Title:</b>		
<b>Mailing Address:</b>		
<b>City:</b>	<b>State:</b>	<b>Zip Code:</b>
<b>Phone Number:</b>	<b>Fax Number:</b>	
<b>E-mail Address:</b>		
<b>Supervisor's Approval</b> Print Supervisor's name	<b>Type (s) of continuing education credit needed*:</b>	
Supervisor's Signature	<b>License or Certification Number**:</b>	

\* Continuing education choices include: **LMFTs, LPCC, LEPs, and LCSW** (CA BBS); **RADT I/II, CADCs-CASs, CADCs I/II, and LAADCs** (CFAAP/CCAAP), **CATCs** (ACCBC/CAADE); **Psychologist** (APA) (LPT); **Registered Nurse** (CA BRN) (LVN).

\*\* License number is required for psychologists and registered nurses.